

Paid Family and Medical Leave

Paid Family and Medical Leave is a new program launching for Minnesotans in 2026. It provides paid time off when a serious health condition prevents you from working, when you need time to care for a family member or a new child, for certain military-related events or for certain personal safety issues.

There are two main types of leave:

- **Family Leave** to care for a family member with a serious health condition, or if you're bonding with a new baby or child in your family.
- **Medical Leave** when your own serious health condition prevents you from working.

Additionally, you will be able to take leave to support a family member in the military deploying overseas, or if you or a family member are facing a significant personal safety issue.

Paid Family and Medical Leave benefits will start for Minnesotans on January 1, 2026.

Translated Website Content Available:

- [Español \(/deed/assets/paid-family-medical-leave-espanol_tcm1045-579807.pdf\)](#)
- [Hmong \(/deed/assets/paid-family-medical-leave-hmong_tcm1045-579809.pdf\)](#)
- [Somali \(/deed/assets/paid-family-medical-leave-somali_tcm1045-579810.pdf\)](#)

[For Employers \(/deed/programs-services/paid-family/employers/index.jsp\)](#)

Information on Paid Family and Medical Leave for Employers.

[For Individuals and Families \(/deed/programs-services/paid-family/individuals/index.jsp\)](#)

Information on Paid Family and Medical Leave for Individuals and Families.

[Stay Informed \(/deed/programs-services/paid-family/information/index.jsp\)](#)

Ask a question about Paid Family and Medical Leave and/or sign up to receive email updates as they become available.